

Please note we are a little independent pub, not a big restaurant! We don't have waiting staff so please order your food and drinks at the bar. We try our hardest to serve your meals, which are cooked to order, as quickly as possible. If you are in a hurry, please ask us the likely waiting time.

We hope you enjoy the lovely atmosphere and our home-made food.



V=Vegetarian, VN=Vegan
D=Dairy/Milk-Free G=Gluten-Free
*=option/ except with
WHEN ORDERING PLEASE MENTION ANY FOOD INTOLERANCE OR ALLERGY

ALLERGENS 'FOOD CONTAINS' KEY:

①Gluten, ②Milk, ③Eggs, ④Soya, ⑤Fish,
⑥Molluscs, ⑦Crustaceans, ⑧Sulphites, ⑨Mustard
We do not use frying oils containing GM soya

CHRISTMAS MENU

MAIN COURSE £12.99, 2 COURSES £17.99, 3 COURSES £21.99

STARTERS

■ ALLOTMENT SOUP (VN,D,G)

Our hearty soup of leeks, swede, turnips and carrots from the Spring Lane allotments. Served with warm crusty bread^① or GF bread

■ MIXED ARANCINI (V,G) ②

A trio of gluten-free arancini rice balls coated in crispy breadcrumbs. Field mushrooms with mozzarella, sun-dried tomatoes with black pepper and minted pea with mozzarella. Served with salad

■ RED PESTO PATÉ (VN,D,G)

This tasty vegan paté is served with salad and warm crusty bread^① or GF bread* and dairy-free butter. Contains nuts and sesame seeds

■ CHICKEN AND CRANBERRY PATÉ (D,G)

A scrumptious chicken liver paté with cranberries, herbs and a cheeky tequila kick. Served with salad and warm crusty bread^① or GF bread

■ MUSHROOM AND GOAT'S CHEESE TOASTIE (V,G) ②

A tasty mix of woodland mushrooms on a bed of spinach on toasted bread or GF bread topped with melted goat's cheese and lemon juice

MAIN MEALS

■ TRADITIONAL ROAST TURKEY (D,G)

British turkey with all the trimmings: triple cooked potatoes, yorkshire pudding (GF available) ②③, fresh vegetables, pigs in blankets, stuffing^① and gravy

■ STUFFED ROAST PEPPER (VN,D) ①

Roast pepper stuffed with pulses, seeds and spices. With triple-cooked potatoes, yorkshire pudding^{②③}, vegetables and gravy

■ PORK IN SCRUMPY GRAVY (D,G) ④

Pork shank (on the bone) in a rich scrumpy gravy with triple-cooked potatoes and fresh vegetables. Contains celery

■ FESTIVE KEBAB (D) ③

A twist on our famous Flowing Spring kebab. Turkey, pigs in blankets, stuffing, cranberry sauce and crisp salad with pitta bread

■ SQUASH, CRANBERRY AND RED ONION TAGINE (VN,D,G)

Squashes, red onions and cranberries cooked in Moroccan spices. Served with white rice

■ MUSHROOM, CRANBERRY AND BRIE WELLINGTON (V)

Flavoursome mushrooms with cranberries, hazelnuts and a brie centre encased in puff pastry. Served with mashed potato, fresh vegetables and gravy

■ CHRISTMAS PUDDING SAUSAGES AND MASH ①④

Our specially-commissioned pork sausages with the flavours of Christmas pudding served with mashed potato, fresh vegetables and gravy

DESSERTS

■ CHRISTMAS PUDDING (VN,D,G) ⑧

Tasty, hot Christmas pudding (vegan or gluten-free) served with cream, ice cream or dairy-free versions

■ HOME-MADE CHRISTMAS PUD ICE CREAM (V,G) ⑧

Our home-made ice cream laced with Christmassy fruits and spices

■ APPLE AND GINGER CRUMBLE (VN,D,G)

Home-made crumble packed with apples, ginger and lemon juice. Served with custard, ice cream or dairy-free versions

■ CHOCOLATE BROWNIE (VN,D,G)

Home-made scrummy chocolate brownie served with cream, ice cream or dairy-free versions

■ HONEY AND WALNUT CAKE (V,G) ②③

Our light, warm honey and walnut cake served with cream, ice cream or custard

■ BOOZY HOT CHOCOLATE (VN,D,G)

If you're full up, have a boozy hot chocolate instead of a dessert! Choose a liqueur for your hot chocolate: coffee^①, toffee^②, almond or blood orange

Pre-orders for tables of five or more people would be appreciated at least three working days before the date of your booking. Please inform us of all dietary requirements when you pre-order. All prices are inclusive of VAT. Service charge is not included. This Christmas menu is available for bookings every day from Friday 1 December to Saturday 23 December except Mondays and the evening of Saturday 9 December. Telephone 0118 9699878. Email info@theflowingspringpub.co.uk