



V=Vegetarian

, VN=Vegan

D=Dairy/Milk-Free G=Gluten-Free

WHEN ORDERING PLEASE MENTION
ANY FOOD INTOLERANCE OR

ALLERGY
ALLERGENS 'FOOD CONTAINS' KEY:

①Gluten,②Milk,③Eggs,④Soya,⑤Fish,
⑥Molluscs,⑦Crustaceans,⑥Sulphites,⑥Mustard
⑥Celery ⑩Ground Nuts⑤Sesame Seeds⑦Tree Nuts
Faded symbols mean 'may contain'.
We do not use frying oils containing
GM soya

VEGANUARY TAKEAWAY MENU

SEE ALSO OUR STANDARD JANUARY MENU OF MEAT & VEGGIE MEALS

SMALL MEALS & STARTERS - ALL £5

- HOME-MADE SOUP (VN,D,G)
 Choose either butternut squash and chilli soup, hearty vegetable soup or Thai spiced vegetable soup. Served with warm crusty bread① or GF bread
- RED PESTO PATÉ (VN,D,G) ⑤⑰
 - This tasty vegan paté is served with salad and crusty bread or GF bread
- JUMBO SAUSAGE ROLL AND CHIPS (VN,D) ① ®

 These jumbo sausage rolls are delicious! Thoroughly scrumptious, served baking hot with a salad garnish and a handful of chips
- MUSHROOM, 'CHEESE' & SPINACH TOASTED CIABATTA (VN,D,G)
 - Mushrooms on a bed of spinach and topped with melted vegan cheese served on toasted ciabatta or GF bread
- GARLIC BREAD WITH OR WITHOUT 'CHEESE' (VN,D,G)
 Our vegan garlic bread, with or without melted vegan cheese
- NACHOS (VN,D,G) A bowl of nachos with melted vegan cheese, salsa, jalapenos and spicy vegan mayo

DESSERTS - ALL £5

- Fruit crumble with DF custard or ice cream (VN,D,G)
- Churros with dairy-free vanilla ice cream and chocolate sauce (VN,D)
- Chocolate orange pudding with hot chocolate sauce. With either dairy-free vanilla ice cream or DF custard (VN,D)①④
- Three scoops of dairy-free vanilla and/or salted caramel ice cream drizzled with DF chocolate sauce or raspberry coulis

SUNDAY ROAST

Whole roast pepper stuffed with seeds, pulses and spices. Served with fresh vegetables, triple-cooked potatoes and gravy (VN,D,G)

MAIN MEALS - ALL £10

KERALAN STYLE CURRY (VN,D,G) ®

A delicious sweet curry with cauliflower, red peppers and coconut cream. Served with white rice and poppadom

■ TOMATO, CHICKPEA AND APRICOT PIE (VN,D) ①

A tomato, chickpea and dried apricot pie encased in shortcrust pastry and topped with puff pastry. Served with DF mash, vegetables and gravy

JACK FRUIT AND RED WINE PIE (VN,D,G) ®

Slow-cooked jack fruit and red onions in a rich vegan red wine sauce with a DF mash topping. Served with vegetables and gravy

BUTTERBEAN, SWEET POTATO AND SPINACH STEW (VN,D,G) ® Served with white rice

SQUASH, CRANBERRY AND RED ONION TAGINE (VN,D,G)

Squash, cranberries, red onions, chickpeas, tomatoes and spices. Served with white rice

MEXICAN BURGER (VN,D,G) ©

Spiced burger with vegetables and kidney beans topped with vegan cheese in a ciabatta roll¹ or GF roll with chilli salsa and iceberg. Served with chips and salad

■ NAKĚD QUINOA AND BEETROOT BURGER (VN,D,G) ④

Two patties made with quinoa, beetroot, edamame, mushrooms and a hint chilli (no bun). Served with chips, salad and spicy vegan mayo

CHILLI AND RICE (VN,D,G)

Spicy roasted peppers, aubergines, blackbeans and tomatoes. As hot as you like it! Served with white rice

CHILLI CALZONE (VN,D) ①

A huge calzone filled with vegan chilli with peppers, aubergines and blackbeans plus melted vegan cheese. Served with salad

■ HOME-MADE VEGAN PIZZAS INCLUDING GLUTEN FREE

Our light, thin, crispy, hand-made vegan pizzas or gluten-free vegan pizzas are topped with tomato and vegan cheese. Choose up to 4 toppings: Mushrooms, red onions, mixed peppers, olives, capers, gherkins, fresh chillis, jalapenos, sweetcorn, fresh tomatoes, sun-dried tomatoes. Extra toppings: £1.

ALL THESE MEALS 100% VEGAN